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“The language of science can be challenging to understand at times. It is an art to present highly complex material in a clear, comprehensive, and compelling form.

So when I came across “Endocrinology of Aging: Clinical Aspects in Diagrams and Images,” edited by **Professor Emiliano Corpas** and over 30 experts from Spain and the USA who managed to do precisely that, I celebrated.

The book represents a novel contribution to the biological and pathophysiological foundations of the aging of the different endocrine and metabolic systems”.

Well done!